



## CIBSE Social Event – Spring Hiking 2017

**Date** : 26 February 2017 (Sunday)  
**Venue** : High West (西高山), Hong Kong Island  
**Time** : 9:00 a.m. - 12:30 p.m.

### Programme Highlight

After the Lunar New Year feasting, you may want to lose some weight. Hiking is always the best exercise to keep your body fit. Also, you can have fun with your family, chitchat with your companions and make some new friends in a beautiful environment. To this end, a hiking event will be organized on 26 February 2017, Sunday.

This time we will walk in the western part of Hong Kong Island – High West. At the top of the mountain (494m height), you could have a stunning view of the west coast of Victoria Harbor and Western Kowloon peninsula. It offers a beautiful view of Po Fu Lam Reservoir, Lamma Island and Lantau Island as well.

The route is approximately 5km long and will take around 3 hours to complete.

This event is open to all CIBSE members and their guests.

### Rundown

Participants will assemble at HKU MTR Station. The trail finishes in Pok Fu Lam Reservoir Road.

HKU 香港大學 → Pinewood Battery 松林廢堡 → High West 西高山 → Lung Fu Shan Viewing Point 龍虎山景觀台 → Pok Fu Lam Reservoir Road 薄扶林水塘道 (approx. 5 km)

A detailed rundown will be sent to all successful applicants individually by email.

### Fees

◇ Free





**The Chartered Institution of Building Services Engineers  
Hong Kong Branch**

## **CIBSE Social Event – Spring Hiking 2017**

### **Registration and Enquiries**

The number of participants for CIBSE Social Event - Spring Hiking 2017 is limited to 30. Acceptance will be determined on a first-come-first-served basis.

Please send an e-mail to [cwtkan@gmail.com](mailto:cwtkan@gmail.com) with the subject "CIBSE Spring Hiking 2017" on **or before 17 February 2017**.

Successful applicants will be informed individually before 20 February 2017. For enquiries, please contact Mr. Terence Kan at 9198- 0825.

Please provide the following information in the e-mail:

- 1) Name
- 2) Contact no
- 3) CIBSE Membership Class
- 4) Membership No.
- 5) E-mail
- 6) Company
- 7) Guest no.
- 8) Guest name

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